

## Pre -Course Information

Thank you for booking with the Offshore Training Centre (OTC) Please read all of the information below carefully to ensure you are prepared for the training course.

### Course Details:

Course Name: GWO Advanced Rescue Training (ART) Refresher  
Start & Finish Time: 09:00 – 17:00  
Location: OTC GRO Centre  
Duration: 2 days  
Certificate valid For: 2 Years

### Pre - Requisites

- Email to [bookings@otc-grimsby.co.uk](mailto:bookings@otc-grimsby.co.uk)
- All pre-requisites must be sent before the start of the course
- Please see attached medical declaration form to be completed /returned
- Valid GWO Working at Heights
- Valid GWO First Aid
- Valid GWO Manual Handling
- Your GWO WINDA ID (to register visit <https://winda.globalwindsafety.org/>)

*Please note we are not responsible for ensuring you have a Winda ID, without you may be refused entry on the course.*

### Course Information

- This standard describes the requirements for advanced rescue training courses that are recommended by the members of GWO by completing the following elements:
- Hub, Spinner and Inside Blade Rescue (HSIBR)
- Nacelle, Tower and Basement Rescue (NTBR)

This standard has been developed in response to the demand for recognisable advanced rescue training in the industry and has been prepared in co-operation between the members of GWO based on risk assessments and factual incident and accident statistics from G+ and the wind industry.

### What you need to bring:

- **Photographic Identification**- Valid Passport, driving license, UK ID or similar which the trainer will check before the course begins.
- **Clothing** -Safety boots and suitable clothing to climb in – appropriate for training delivered outside in all-weather e.g. breathable, warm, waterproof, windproof etc kneepads advised.
- **PPE**-Gloves suitable for working at height and safety glasses.

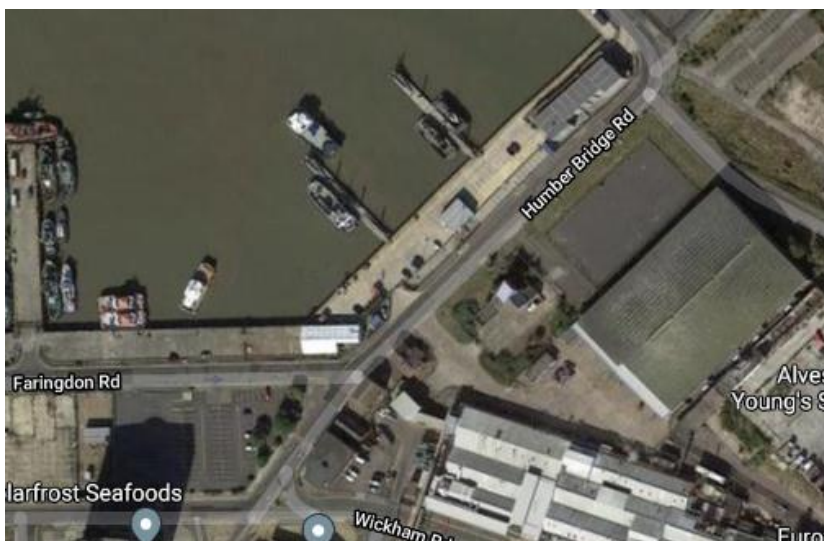
## What we will provide:

- **Lunch** – A wide variety of lunch options available. If you have any dietary requirements, please inform us via email or a member of the team at the earliest opportunity and we will endeavour to accommodate. There is also a well-equipped kitchen/galley area for making tea, coffee, and cold drinks. You are welcome to use these facilities, including microwave, or bring your own packed lunch/food.

## Course Location:

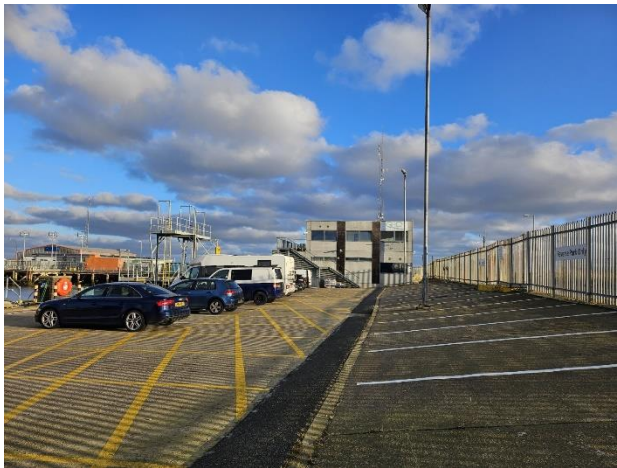
- **Address** – The GRO Centre is located in the ABP Port of Grimsby, you will pass Security & Information Point on Murray St and follow the signage on the roundabout for OTC. To get to the ABP security and information point, use the postcode DN31 3AS in your sat nav. If stopped by security you will be asked to show photo ID.

**Gro Centre, Humber Bridge Road, Port of Grimsby, North Lincolnshire DN31 3AS**





### Security Point



### Parking in OTC car park next to the Gro Centre ( Reverse Parking Only)

- **LATE ARRIVAL**

Please ensure you allow plenty of time for travel and parking. OTC Training reserved the right to refuse participation in the course if you arrive late and have not informed us or you have missed elements of the course.

NB: If you expect to be late due to unforeseen circumstances , you must inform us by calling 01472 801756 as soon as it is safe to do so, and we will advise the best course of action.

- If you have any specific learning needs, please inform your trainer. In addition, this course is delivered in English and you must have sufficient fluency to participate.

**IMPORTANT: By attending the course you agree to our [Terms and Conditions](#)**